Navigate

Here is a list of useful or new words from Unit 1 of Navigate B1 Coursebook. You can insert your own translation. Words marked with a key (O_m) all appear in the *Oxford 3000*.

<i>adj</i> = adjective <i>adv</i> = adverb	<i>conj</i> = conjunction <i>n</i> = noun	<i>phr v</i> = phrasal verb <i>pl</i> = plural	<i>phr</i> = phrase <i>prep</i> = preposition	<i>pron</i> = pronoun <i>v</i> = verb
aerobics n /eə'r			She does aerobics onc	e or twice a week.
blog n /blog/			Would you like to write	e a blog about your daily life?
busy O m adj/'b	ızi/		My life is too busy.	
camping Om n /	'kæmpɪŋ/		We usually go camping	g in the summer.
cards Om n /ka	:dz/		Marta and Felix often	olay cards together.
chat o m v /t∫æt	./		I like to chat with frien	ds online.
chess n /t∫es/			Mehmet plays chess o	nce or twice a week.
cloudy Om adj /'	klaudi/		It's very cloudy today.	
coffee Om n /'ki	ofi/		We hardly ever go out	for a coffee.
cold Om adj /kə	uld/		The air's cold this mor	ning.
computer game O	m ∥kəm'pjuxtə ge	erm/	He nearly always plays	s computer games after school.
damp o m adj /d	æmp/		Wear your raincoat. It's	s another damp day today.
dream O m n /dr	iːm/		Do you ever have a dre	eam about flying?
early Om adj /'3	:li/		I'm going to have an e	arly night.
equal Om adj /'i	xkwəl/		You should try to have	an equal balance of all three.
exercise Om n /	eksəsaız/		You should do some e	xercise.
family ○ਜ਼ n /'fæ	eməli/		Do you spend a lot of t	time with your family?
film <i>n</i> /f1lm/			Have you ever made a	film and posted it on YouTube?
film o m v /f1lm/	1		One of them stands ne films her.	ext to the painting as the other one
fun $\mathbf{O}_{\mathbf{m}}$ $n / f_{\Lambda} n /$			I like to have fun.	
golf n /gplf/			Do you play golf?	
gym <i>n</i> /dʒɪm/			I sometimes go to the	gym after work.
homework Om n	/ˈhəʊmwɜːk/		Make sure you do you	r homework before supper.
hot Om adj /hot	/		I love this hot weather	
housework n /'h	nausw3:k/		I'm going to do the ho	usework after lunch.
humid <i>adj</i> /'hju	:mɪd/		I hate this humid weat	her.
indoors Om adv	/ˌɪn'dəːz/		We sometimes play ca	rds indoors.
karate n /kə'rax	:ti/		He does karate most d	lays.
late Om adv /lei	t/		I try not to go to bed la	ate during the week.
lie-in n /,laı 'ın/	1		Are you going to have	a lie-in on Sunday?
light Om adj/lai	t/		There is going to be so	ome light snow this evening.
lightning <i>n</i> /'lait	tnɪŋ/		Did you see the lightni	ng last night?
look Om n /lok/			We'll have a look at it l	back at the hotel.
make a list O m p	hr / ₁ meik ə 'list/		I always start the day I	by making a to-do list.
make plans Om 🛛	ohr /meik 'plænz/		She is making plans fo	r her future.
meal o m n /mix	1/		We sometimes go out	for a meal.

nasty adj /'na:sti/	 The water's too warm and there are sea snakes and other nasty animals.
outdoors Om adv /,aut'doiz/	 They are always playing outdoors.
period Om n /'pɪəriəd/	 There are going to be some short periods of rain later.
photograph O _ n /'fəʊtəgrɑːf/	 I always look serious if someone takes a photograph of me.
pleasant o= adj /'pleznt/	 The weather is very pleasant.
pleasure O _m $n / ple_{3}(r) / $	 Can you say 'no' to immediate pleasures?
post Om v /pəʊst/	 We'll post that on Facebook later.
promise O _m <i>n</i> /'promis/	 When I make a promise, I never change my mind.
psychologist n/sai'kɒlədʒist/	 Professor Philip Zimbardo is a psychologist.
record Om n /'reko:d/	 I always make a record of everything I spend in a day.
record Om v /rɪ'kɔːd/	 We can record the speech and post it on YouTube later.
relationship O _m <i>n</i> /rɪ'leɪ∫n∫ɪp/	 They have a very good relationship with their parents.
relative O _m <i>n</i> /'relətıv/	 I love spending time with relatives.
reviewer $n / ri'vju:a(r) / r$	 Here to tell us about the new book by Haruki Murakami is this week's reviewer, Maria Georgiou.
running O m n/'rʌnɪŋ/	 Do you ever go running?
shopping O ₩ n /'∫ɒpɪŋ/	 I'm going to do the shopping this afternoon.
snowfall n /'snəufə:l/	 In the late autumn we get our first snowfalls.
spend time O _m v /spend 'taim/	 You should try and spend more time with relatives.
stay in Om v /stei 'In/	 I'm going to stay in tonight.
swimming O _m <i>n</i> /'swimiŋ/	 We never go swimming.
text O m <i>n</i> /tekst/	 Do you use special language when you write a text?
time O _m <i>n</i> /taɪm/	 Do you spend time with family during your holidays?
to-do list $n/t = dut_list/$	 There's so much to do. You should make a to-do list.
trip Om n /trɪp/	 Let's go on a trip somewhere.
uncomfortable O # <i>adj</i> /ʌn'kʌmftəbl/	 This hot weather is uncomfortable.
walk Om n /work/	 She rarely goes for a walk.
work Om n /w3:k/	 I must do some work this afternoon.

architect n /'aːkɪtekt/	Jim Thompson was an American architect who moved to Bangkok after the Second World War.
block Om v /blok/	They block my way and don't move even when I say politely, 'Excuse me'.
café n /ˈkæfeɪ/	There's a pavement café in the city centre.
candle <i>n</i> /'kændl/	I love the candles in your bedroom.
CCTV camera n / si: si: ti: 'vi: kæmərə/	CCTV cameras check their speed.
chest of drawers $n / t \int est av 'drazz/$	I'm surprised there isn't a chest of drawers in the bedroom.
cloth $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /klp θ /	Please clean the kitchen with this cloth.
collect Om v /kə'lekt/	They are developing a new way to collect rubbish.
crowded Om adj /'kraudid/	The streets are crowded in the summer.
destroy Om v /dɪ'strɔɪ/	The new building work is going to destroy the old town.
dull Om adj /dʌl/	It's quite dull in winter.
dustpan and brush $n / dAstpæn an 'brAf / $	He's cleaning the floor with a dustpan and brush.
duvet <i>n</i> /'du:veɪ/	The blue duvet on her bed is lovely.
fast lane O _m <i>n</i> /'fo:st lein/	In a pedestrian fast lane, the maximum speed is 3 mph.
fine O _m <i>v</i> /faɪn/	Police officers fine people not following the rules.
flower stall $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'flauə stə:l/	There's a flower stall in the town centre.
house swap $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'haus swop/	They are doing a house swap with a family in the United States.
household possessions $\mathbf{O}_{\mathbf{m}}$ <i>n pl</i> //	Huang Qingjun takes photos of people outside their homes with their household possessions.
house-sit v /'haus sɪt/	Felix is house-sitting for a friend.
industry O _ n /'Indəstri/	He is famous for rebuilding the Thai silk industry.
lively Om adj /'laɪvli/	The nightlife is lively.
location $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /ləʊ'keɪʃn/	He visited one location where a couple had to move house.
market place O _m <i>n</i> /'ma:kit pleis/	I really like the market place in your town.
maze <i>n</i> /meiz/	This city's like a maze.
microwave oven <i>n</i> /,maikrəweiv 'Avn/	I'm disappointed there's only a microwave oven in the kitchen.
mirror O _m <i>n</i> /'mɪrə(r)/	Did you see the mirror on the bedroom wall?
narrow Om adj /'nærəʊ/	Many Italian towns have small or narrow streets.
navigation $n / nævi'gei n/$	Dustcart is a friendly-looking robot with maps and GPS navigation.
on business Om phr /on 'bɪznəs/	There are so many people who come here on business.
on holiday Om phr /on 'holədeı/	I really don't understand why they come here on holiday.
on public transport Om phr/on _pAblik 'trænsport/	Can you get to work or university on public transport?
on the internet Om phr /on ði: 'Intənet/	You just look it up on the internet.
on the way Om phr /on ðə 'wei/	I was on the way to the city centre.
on time Om phr /on 'taim/	Nobody's ever on time for anything.
on TV Om phr /on ti: 'vi!/	Do you prefer watching films on TV or at the cinema?
pan O _m <i>n</i> /pæn/	Use this pan to cook the pasta in.
parking space n /'pa:kin speis/	It's difficult to find a parking space.

pavement artist <i>n</i> /'pervmənt ,a:tist/	In the summer you can see pavement artists on some of the streets.
pedestrian area n /pəˈdestriən ˌeəriə/	The pedestrian area is good for shopping.
play area O _m <i>n</i> /'pleɪ ˌeəriə/	There's a play area for the children.
project O _m <i>n</i> /'prpd3ekt/	He began this project in 2006.
publisher O _m $n / p_{\Lambda} bli \int \hat{\varphi}(r) /$	I'm the writer, publisher and the salesman.
rage n /reidʒ/	He was so angry. I had never seen him in such a rage before.
recycle v /,riː'saɪkl/	These days, we recycle more and more of our rubbish.
robot n /'rəubot/	Dustcart is a street-cleaning robot.
rubbish Om n/'rʌbɪʃ/	There's a huge problem with rubbish in the city centre.
rug <i>n</i> /rʌg/	I don't like the white rugs in the sitting room.
safe Om adj /seif/	The city centre is safe at night.
satellite dish $n / sætəlat di f / $	The photo shows a satellite dish on the house.
sheet om n /ji:t/	All the beds have got clean sheets.
shop display $\mathbf{O}_{\mathbf{m}} n / \int \mathbf{D} \mathbf{p} d\mathbf{I}_1 \mathbf{sple} \mathbf{I} / \mathbf{D} d\mathbf{I}_1 \mathbf{sple} \mathbf{I} d\mathbf{I}_1 \mathbf{sple} \mathbf{sple} \mathbf{I} d\mathbf{I}_1 \mathbf{sple} $	The people in front of me were walking slowly and taking photos of the shop displays.
shopper Om $n / \int pp \vartheta(r) /$	There are so many shoppers on the streets.
solution $\mathbf{O}_{\mathbf{H}}$ $n / s \mathbf{\hat{s}}' lu: \int n / d\mathbf{\hat{s}}$	One solution to the problem is a pedestrian fast lane.
souvenir seller $n / suv = n r = sel = (r)/$	There are lots of souvenir sellers in summer.
stall n /sto:l/	The market has all kinds of stalls.
statue O _m n /'stæt \int u:/	It's famous for its statue of a lion.
strange Om adj /streɪndʒ/	Some people think that it's a strange idea.
street cleaner Om n /'stritt kli:nə(r)/	The street cleaners keep our city looking nice.
street performer O _m $n / strict pa_f s:ma(r) / $	You can see street performers every weekend in our city.
student accommodation O m <i>n</i> /'stju:dnt ə,komə,dei∫n/	Petra is staying in student accommodation this term.
tap Om <i>n</i> /tæp/	I can't work the taps in the bathroom.
towel n /'tauəl/	The towels in the bathroom are lovely.
tower block Om n /'tauə blok/	There are plans to build some tower blocks in the city centre.
truck Om n /trʌk/	Rubbish trucks don't find it easy to get around the narrow streets.
wardrobe n /'wəːdrəub/	I'm surprised there isn't a wardrobe for our clothes.
wash basin $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'wbʃ ,beisn/	The wash basin in the bathroom is very small.

achievement $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /ə't fi:vmənt/	Hello and welcome to <i>Making History</i> , the programme where we look back at human achievements that have changed history.
angrily Om adv /ˈæŋɡrəli/	L look at them angrily.
angry O_ adj /'æŋgri/	I get angry when people drop rubbish in the street.
anxious o_π adj /'æŋk∫əs/	_ I think she's feeling anxious.
avoid Om v /ə'vɔɪd/	_ I try to avoid eye contact.
backwards Om adv /'bækwədz/	Scuba divers always dive backwards out of a boat.
balloon <i>n</i> /bə'luːn/	A large balloon took him up into space.
behaviour $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /bɪ'heɪvjə(r)/	 If you watch what people do in lifts, you'll see some very interesting behaviour.
bother Om v /'boðə(r)/	It doesn't bother me if they listen to loud music.
calmly Om adj /'kɑːmli/	He calmly pushed the alarm button and waited for an answer.
capsule n /'kæpsjuːl/	He came slowly out of the capsule.
climb Om v /klaım/	I haven't got my key. I know – I'll climb in through that open window.
confused Om adj /kən'fjuːzd/	I feel very confused. I don't know what to do!
cook o m <i>n</i> /kʊk/	_ She's a good cook.
dive v /darv/	Watch him dive into the swimming pool.
drop Om <i>v</i> /drop/	If you drop your phone into liquid, put it in a bowl of uncooked rice to dry it out.
easily Om adv /'iːzəli/	I can easily start a conversation with a stranger.
eater n /'irtə(r)/	_ She's a slow eater.
embarrassed Om adj /Im'bærəst/	I feel so embarrassed about it.
excited Om adj /Ik'sartId/	I feel so excited about journey tomorrow.
exhausted adj /ig'zəistid/	_ I feel exhausted most days.
eye contact $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'aı kontækt/	She's very shy and never makes eye contact.
fall Om v /foːl/	Watch out! I think that tree is going to fall.
fluently adv /'flu:antli/	I would like to speak two languages fluently.
forwards Om adv /'fo:wədz/	She was running too fast and fell forwards.
frightened Om adj /'fraitnd/	The building was empty. Now he was frightened.
guilty Om adj /'gɪlti/	I think he's feeling guilty about not going to the party.
headphones <i>n</i> /'hedfəunz/	Put your headphones on to listen to your music.
in a good mood Om phr /In ə ˌgʊd 'muːd/	_ She's in a good mood.
intercom n /'Intəkom/	A voice on the intercom asked, 'Is someone in there?'
into Om prep /'Intuː,'Intə/	They ran into the garden.
jump O _m <i>v</i> /dʒʌmp/	Everybody shouted and jumped up and down.
land Om v /lænd/	- He landed safely.
lift O m <i>v</i> /lrft/	Can you help me lift the new TV out of its box?
lift O _m <i>n</i> /lɪft/	He was stuck in a lift for 41 hours!
loudly Om adv /laudli/	I hate it when people speak loudly on their mobile phones.
nervous Om adj /'nsːvəs/	I feel nervous about the exam.
nicely O _m adv /'naisli/	I ask them nicely to turn it down.

nightmare n /'naɪtmeə(r)/	I had a terrible nightmare last night.
out of Om prep /'aut əv/	He came out of the capsule.
over O _m prep /'əʊvə(r)/	He slowly walked over to the capsule.
parachute v /'pærə∫uːt/	He parachuted down towards the desert.
pleased Om adj /pli:zd/	She's really pleased the party was a success.
politely Om adv /pə'laɪtli/	I smile politely.
pull out Om v /pol 'aut/	Then he pulled the button out, so that the alarm rang and rang continuously.
quickly Om adv /'kwikli/	——— He quickly moved to another seat.
reader Om n /'rixdə(r)/	He's a slow reader.
rescue team Om n /'reskju: ti:m/	A rescue team arrived a short time later to take her to hospital.
round and round Om prep /'raund ən raund/	He suddenly began to turn round and round.
runner Om $n / r_{\Lambda n} \hat{\sigma}(r) / $	She's a really fast runner.
skydiving <i>n</i> /'skaɪdaɪvɪŋ/	The rest of his skydiving team saw this on their computer screens and were worried he was in terrible trouble.
smartly Om adv /'sma:tli/	In my job I need to dress smartly.
snowboarding n /'snəubə:dıŋ/	A group of us went snowboarding in Switzerland.
stranger Om n /'streindʒə(r)/	When you sit next to a stranger on a bus or train, what do you do?
straw n/stro:/	It was one of those little cartons of juice that comes with a little straw.
stressed Om adj /strest/	He's feeling stressed about the new project.
take off $\mathbf{O}_{\mathbf{m}} = v /terk 'of/$	Come and watch the plane take off.
through Om prep /θruː/	She walked through the open door.
towards Om prep /tə'wəːdz/	Look! Martha is walking towards us.
traffic lights O _m <i>n</i> , <i>pl</i> /'træfik laits/	Come on traffic lights, turn green. I'm going to be so late for my meeting!
traveller Om n /'trævələ(r)/	I'm a regular traveller.
typist n /'tarpist/	She's a quick typist.
video camera Om n /'vɪdiəu ˌkæmərə/	——— He hit the walls several times and shouted at the video camera.
walker $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'wo:kə(r)/	He's a fast walker.

about om adv /ə'baut/	I think she's about thirty-five.
arrive Om v /ə'raɪv/	She arrived home very late.
attack Om v /ə'tæk/	As he was leaving a concert, two men attacked him.
become Om v /bɪ'kʌm/	He became anxious the more he thought about it.
blog v /blbg/	She blogs about daily life with two young children.
boxer <i>n</i> /'bɒksə(r)/	He decided to become the manager of a boxer from Brazil.
buy O _m <i>v</i> /baɪ/	I want to buy a new T-shirt.
challenge O _m <i>n</i> /'t∫ælındʒ/	—— He did the challenges for a few months.
change career O _m <i>phr</i> /t∫eɪndʒ kə'rɪə(r)/	I want to change career.
choose $\mathbf{O}_{\mathbf{m}} v \ /t \int \mathbf{u} \cdot \mathbf{z} /$	I need to choose a career, but I don't know what to do.
concert hall O _ n /'kɒnsət hɔːl/	—— He has played in many of the world's greatest concert halls.
conductor $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /kən'dʌktə(r)/	João Carlos Martins is a famous Brazilian classical pianist and conductor.
deal with Om phr v /'di:l wið/	I need to deal with these emails.
do online banking O m <i>phr</i> /duː ˌɒnˌlaɪn 'bæŋkɪŋ/	How often do you do online banking?
download v /,daun'laud/	You can download this app for free.
engaged Om adj /In'geId3d/	When did you get engaged?
get married Om phr /get 'mærid/	We're getting married this year.
go online Om phr /gອບ ,on'laın/	Why don't you go online to book the hotel?
go to Om phr v /'gəʊ tuː, tə/	She wants to go to university.
have a baby / children O m <i>v</i> / ₁ hæv ə 'beɪbi, 't∫ıldrən/	We want to have children.
in (your) late twenties n/In (jo:) _leit 'twentiz/	I think he's in his late twenties.
in (your) sixties n /ın (jɔː) 'sıkstiz/	A lot of people retire in their sixties.
learn to swim Om v /,l3:n tə 'swim/	I want to learn to swim.
leave home / school Om v/liɪv 'həʊm, 'skuːl/	She decided to leave home. / I leave school this year.
live with Om phr v /'lɪv wɪð/	Do you live with your partner?
log on / out phr v /log 'on, 'aut/	Make sure you log out when you have finished.
mid O m <i>prep</i> /mId/	She's in her mid-twenties.
middle-aged adj /,midl 'eid3d/	They're a middle-aged couple, with grown-up children.
moment Om n /'məumənt/	It was the most amazing moment of his life.
move house or flat Om phr/muːv ˌhaʊs ɔː 'flæt/	Martha moved house last week.
obtain Om v /əb'teɪn/	Where did you obtain that from?
pass your exams / driving test O m phr /_pais joir ig'zæmz, joi 'draiving test/	Did you pass all your exams?
perform $O_{m} v /p \vartheta' f \vartheta m /$	— He learned to play the piano when he was a child and as a teenager he performed in concerts around the world.
pianist <i>n</i> /'pɪənɪst/	—— He wanted to follow his dream of being a pianist.
present $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'preznt/	Did you get a lot of presents for your birthday?
read / listen to the news Om phr /ˌriːd, ˌlɪsn tə ðə 'njuːz/	I want to listen to the news.

receive Om v /rɪ'siɪv/	 I received a present today.
repetitive strain injury (RSI) n /rɪˌpetətɪv 'streɪn ˌɪndʒəri/	 He performed in concerts for another seven years, but then he had to give up because of Repetitive Strain Injury (RSI).
retire Om $v /ri'taia(r)/$	 He's going to retire from teaching next year.
review Om n /rɪ'vjuː/	 The hotel gets some great reviews.
seafront <i>n</i> /'si:frAnt/	 The restaurant is on the seafront.
share Om $v / \int e \vartheta(r) /$	 I share a small flat with friends.
shop online o m v /∫pp ˌon'laın/	 I like to shop online.
social media o _ n /'səʊ∫l ,miːdiə/	 I use social media all the time, especially Facebook.
take up О_т <i>phr v</i> /,teɪk ʌp/	 I want to take up a new hobby.
talk Om n /tɔːk/	 Matt gave an online talk about how the challenges changed his life.
teenager n /'timeId3ə(r)/	 This TV programme is for teenagers and young adults.
travel O _m v /'trævl/	 We're going to travel by taxi to the airport.
tweet v /twi:t/	 He tweeted that he was going to meet a famous musician.
update v /, Ap'deIt/	 Did you update your Facebook page?
use O _ n /juːs/	 A few years later, he lost the use of his left hand.
vase <i>n</i> /vɑːz/	 I'm very sorry I broke your vase.
vegetarian cookbook <i>n /</i> ,vedʒə'teəriən 'kukbuk/	 We're going to get a vegetarian cookbook to help us.

advice Om n /əd'vais/	It also included advice for teachers about how to teach music and mathematics.
afford Om v /ə'fə:d/	What would you like to buy, but can't afford right now?
antique adj /æn'ti:k/	It's antique and gold.
balance $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'bæləns/	I check my balance regularly so I know how much money there is in my bank account.
bank account Om n /'bæŋk ə,kaunt/	Do you know how much money is in your bank account?
benefit O _m <i>n</i> /'benɪfɪt/	Do you think living in a cashless society offers enough benefits?
bill Om <i>n</i> /bɪl/	Ask the waiter for the bill.
borrowed Om v, pp /'bprəud/	Have you ever borrowed a large amount of money?
brand new O _m adj / brænd 'nju:/	It's brand new. I only got it a few weeks ago.
bright om adj /brait/	It's a lovely bright colour.
buyer O <i>n</i> /'baɪə(r)/	We'll get a buyer for it.
change O _m n /t∫eɪndʒ/	I've got some change and lots of receipts in my wallet.
coin O _m <i>n</i> /kɔɪn/	We can give some coins to the street performers.
collection $\mathbf{o}_{\mathbf{m}}$ <i>n</i> /kə'lek $\int n/$	As a result, our book collection went from 300 down to six.
comfort O _m $n / k_{\Lambda} m f_{\partial t} / $	I prefer to watch films in the comfort of my own home.
comfort Om v /'kʌmfət/	She went to the nursery to comfort the baby.
comfortable O _ adj /'k^mftəbl/	It's very comfortable to ride.
compute v /kəm'pju:t/	We need to compute the size and weight of each object.
condition $\mathbf{O}_{\mathbf{H}}$ <i>n</i> /kən'dı $\int n/$	It's not in very good condition.
credit card O _ n /'kredit kaid/	Can I pay for this by credit card, please?
crime O <i>n</i> /kra1m/	Things have improved, for instance there isn't as much crime in Sweden.
dark Om adj /daːk/	It's got a dark blue stone.
debt O m <i>n</i> /det/	I don't like being in debt.
decide Om v /dɪ'saɪd/	She has to decide by next Monday.
developing world n /dr'veləpıŋ w3:ld/	Many countries in the developing world are using mobile phones to do online banking.
digit n /'dɪdʒɪt/	How many digits are there in your account number?
digital <i>adj</i> /'dɪdʒɪtl/	Modern digital technology has helped. We gave away our CDs and now keep our music on the computer.
disappointment O _m $n / disə'pointment/$	Have you bought anything recently which was a disappointment?
economy Om n /I'kɒnəmi/	I think life is better since the decrease in the cash economy.
enjoy Om v /In'dʒɔɪ/	Did you enjoy your holiday?
enjoyable Om adj /ɪn'dʒɔɪəbl/	Some people think our life isn't enjoyable any more.
equip v /ɪ'kwɪp/	This course will equip you with the skills you need.
essential Om adj /ɪ'senʃl/	It's essential you save some money.
fashionable Om adj /'fæ fn əbl/	It is quite fashionable.
fee O m <i>n</i> /fi:/	In Kenya, people can use credit on their mobile phones to pay for things like their children's school fees.
heavy Om adj /'hevi/	This box is really heavy.
large Om adj /laːdʒ/	This is difficult to carry – it's quite large.

leather $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'leðə(r)/	_ This seat's made of leather.
lent O _ <i>v</i> , <i>pp</i> /lent/	_ Have you lent money to someone in the last month?
metal O <i>n</i> /'metl/	It's made of metal.
minimalist adj /'mɪnɪməlɪst/	 Our flat was full of stuff, so we went minimalist: we sold or gave away the things which we hardly ever use.
mosquito n/məˈskiːtəʊ/	 It's a very bad time of year for mosquitoes.
note O _m <i>n</i> /nəʊt/	 I've got one or two notes in my wallet.
owe O m <i>v</i> /əʊ/	_ She owes me £20!
pale Om adj /peil/	 It's a kind of pale grey colour.
pay back Om v /peɪ 'bæk/	I'll pay you back the money tomorrow.
personal Om adj /'pɜːsənl/	 It contains personal things.
plastic Om adj /'plæstık/	It's got a plastic cover.
possess Om v /pə'zes/	 I don't possess a single CD or DVD.
possessions $\mathbf{O}_{\mathbf{m}}$ <i>n, pl</i> /pə'ze $\int nz/$	_ Do you think possessions can make you feel happy?
purse n /p31s/	 I think I've got some money in my purse.
refund <i>n</i> /'ri:fAnd/	I'd like to return the wallet and get a refund.
rent O _m <i>n</i> /rent/	How much is the rent for your flat?
repellent <i>n</i> /rɪ'pelənt/	 I always pack a mosquito-repellent plug.
revolution $\mathbf{O}_{\mathbf{m}} n \mid_{\mathbf{I}} rev \mathbf{\vartheta}' lut \mathbf{n} / \mathbf{u}$	_ Kenya has led a revolution in mobile banking.
save up Om v /serv 'Ap/	I'm saving up for a new car.
scooter n /'sku:tə(r)/	 Riding my scooter is great fun and the feel of the cool wind is wonderful.
shiny O m adj /'∫aɪni/	It's so bright and shiny.
special O _m adj /'spe∫l/	Somebody special gave it to me.
statistic n /stə'tıstık/	 Statistics show that the number of bank robberies has dropped.
stress Om n /stres/	He's under a lot of stress at the moment at work.
stress Om v /stres/	_ I must stress how important it is to be careful with your money.
stressful Om adj /'stresfl/	 Sometimes having too many things can be stressful.
suitable Om adj /'suːtəbl/	It isn't suitable for work.
thin O _m adj /θɪn/	It's very thin and light, so it's easy to carry.
time capsule $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'tarm kæpsjurl/	A time capsule is a special container with objects inside.
transfer Om v /træns'fɜ:(r)/	 Mobile phones are perfect for transferring money.
useful Om adj /'juːsfl/	It's so useful that I can't imagine life without it.
valuable 🖛 adj /'væljuəbl/	This watch isn't very valuable.
wallet Om n /'wplit/	_ What's in your wallet at the moment?

adopt Om v /ə'dɒpt/	They have decided to adopt a child.
bad manners Om phr /bæd 'mænəz/	I've heard that in other countries it's bad manners to talk when another person is speaking.
best-selling O _m adj / best 'seliŋ/	Susan Cain is the author of the best-selling book <i>Quiet</i> .
characteristic O _m <i>n</i> / ₁ kærəktə'rıstık/	What do you think are the main characteristics of introverts?
confident O m adj /'kɒnfɪdənt/	She's confident about her exams.
couple $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'kApl/	Nicole and Paul make a lovely couple.
creative adj /kri'ertiv/	He's quite creative and often has new ideas.
dishonest O m adj /dɪs'ɒnɪst/	It was dishonest of him to say that.
disorganized adj /d1s'3:gəna1zd/	His manager is a bit disorganized. His office is a mess.
extrovert n /'ekstrəv3:t/	She's an extrovert and confident in a large group of people.
fair Om adj /feə(r)/	Do you think it was fair of her to say that?
father-in-law n /'fa:ðərɪnlə:/	My father-in-law enjoys gardening.
flatmate n /'flætmeit/	My flatmate is quite lazy. He never does the washing up.
friendly Om adj /'frendli/	He's a very friendly person.
get divorced Om phr /,get dɪ'vɔːst/	You get divorced only if your marriage goes wrong.
hard-working O _ adj / hord 'w3:kiŋ/	She's a very hard-working person and works long hours.
honest Om adj /'pnist/	Mia's an honest person – she always tells the truth.
impatient o _ <i>adj</i> /ɪm'peɪʃnt/	She's a bit impatient. She doesn't like waiting for things.
impolite <i>adj</i> /,Impə'laɪt/	I think it's a bit impolite to say that.
impossible om adj /Im'posəbl/	It was impossible to sleep because it was so hot.
introvert n /'Introvs:t/	I'm an introvert. I find it easier to express myself in writing than speaking.
mother-in-law n /'mʌðərɪnləː/	Your mother-in-law is your husband or wife's mother.
necessary Om adj /'nesəsəri/	Was it necessary to speak to me like that?
patient Om adj /'per∫nt/	I'm patient and don't mind if things take a long time.
possible O m adj /'posəbl/	It's possible she will arrive shortly.
related Om adj /rɪ'leɪtɪd/	Did you know that Pascal and Isabelle are related to each other?
romantic Om adj /rəʊ'mæntɪk/	They are in a romantic relationship.
separate Om v /'separeit/	My parents separated when I was eight.
shy O _m adj /∫aɪ/	— He's quite a shy person and is often nervous about speaking to people.
slurp v /sl3:p/	It sounds like a competition to see who can slurp the loudest.
smart Om adj /smaːt/	He's really smart. He knows everything about computers.
sociable <i>adj</i> /'səʊ∫əbl/	They're very sociable people and enjoy having parties.
stepmother/father n /'stepm $\Lambda \eth \mathfrak{d} \mathfrak{d}(\mathbf{r})$	My father married my stepmother when I was 12 years old.
stupid 🖙 adj /'stju:pid/	I think he was really stupid to leave his job.
twins Om n, pl /twinz/	My sister gave birth to twins yesterday. A boy and a girl!
unfair O _m adj / $\Lambda n'fea(r)/$	I think it's unfair that not everyone was invited to the party.
unfriendly O _ adj /An'frendli/	I think she's a bit unfriendly.
unkind Om adj /,An'kaInd/	It was a bit unkind of him to do that.

unlucky Om adj /ʌn'lʌki/	 We've been so unlucky with the weather.
unnecessary O_m adj /ʌn'nesəsəri/	 That's a bit unnecessary. There was no need to say that.
unpleasant Om adj /ʌn'pleznt/	 I find the smell of peanut butter a bit unpleasant.
unsociable <i>adj</i> /ʌn'səʊ∫əbl/	 He hates going out and is quite unsociable.
untidy On adj /ʌn'taɪdi/	 The children are so untidy. Look at their bedroom!
usual Om adj /ˈjuːʒuəl/	 The journey to university took longer than usual.
workplace n /'w3:kple1s/	 In the USA especially, many schools, universities and workplaces are less interested in introverts than in extroverts.

accommodation $\mathbf{O}_{\mathbf{m}}$ $n / \mathbf{a}_{\mathbf{k}} \mathbf{b} \mathbf{m} \mathbf{a}' dei \mathbf{n} / \mathbf{n}$	_ What type of holiday accommodation do you prefer?
advantages Om n, pl /əd'va:ntid3iz/	 As well as speed, Maglev has a number of advantages over other transport systems.
amazed Om adj /ə'meızd/	 I was amazed when my dog turned up at my house after six months away.
annoyed Om adj /ə'nɔɪd/	 Martha's annoyed because you didn't invite her.
annoying Om adj /ə'nɔɪɪŋ/	_ That noise is so annoying. I can't concentrate.
apply Om v /ə'plaɪ/	_ Do I need to apply for a visa before I travel?
basic O madj /'beɪsɪk/	 It's basic but you have everything you need.
book in advance Om phr / buk in əd'vains/	_ Train fares are much cheaper if you book in advance.
book your flight Om phr / buk jo: 'flast/	– Have you booked your flight to Spain yet?
bored Om adj /bo:d/	 The lessons are always the same, so the students get rather bored.
bus pass $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'bas pars/	_ I have a bus pass.
code Om n /kəud/	_ Will I need a code?
confusing O _m adj /kən'fju:zıŋ/	 Her directions to the town were a bit confusing.
convenient om adj /kən'vi:niənt/	_ The bus is the most convenient form of transport for me.
currency n /'kʌrənsi/	_ Did you get the foreign currency for our trip?
cycle lane Om n /'sarkl lern/	_ The main roads have special cycle lanes.
development Om n /dɪ'veləpmənt/	_ The technology is still in development.
diesel n /'di:zl/	 Diesel engines are greener these days.
efficient O_m adj /ɪ'fɪ∫nt/	_ The bus service is efficient.
embarrassing O madj /Im'bærəsıŋ/	_ That was the most embarrassing moment of my life.
exciting Om adj /Ik'saitiŋ/	 It was a really exciting film.
fare n /feə(r)/	 Bus fares are expensive.
fascinated adj /'fæsineitid/	I was fascinated to hear my uncle's stories.
fascinating adj /'fæsineitiŋ/	 I watched a fascinating programme last night.
float Om v /fləut/	_ The train floats in the air above the tracks.
foreign O _m adj /'fɒrən/	– How much foreign currency are you taking on holiday?
frightening om adj /'fraitnin/	 My whole body is in pain. It's frightening.
fuel O m <i>n</i> /'fju:əl/	_ They use less fuel than other vehicles.
greener Om adj /'gri:nə(r)/	Buses are greener than in the past.
guidebook n /'gardbok/	Do you usually take a guidebook on holiday?
high-speed Om adj / hai 'spitd/	 Right now there is only one high-speed Maglev system in the world.
hire O _m v /'haɪə(r)/	_ How much will it cost to hire a car for a week?
hostel n /'hostl/	 All the hostels were full so someone suggested staying in this Manga café.
in advance Om phr /In əd'vaIns/	Do you book your holidays far in advance?
insurance O _m <i>n</i> /ɪn'∫ʊərəns/	_ We need to buy our travel insurance before we go on holiday.
last minute Om adj /la:st 'mɪnɪt/	 I'm a last-minute person and never book my holidays in advance.
line O _m <i>n</i> /laɪn/	In 2045, the line will extend to Osaka.

luggage Om n /'lʌɡɪdʒ/	Where can we leave our luggage?
main road $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'mein rəʊd/	The main roads are very busy in our town.
petrol Om n /'petrəl/	Does your car run on petrol?
planner Om n /'plænə(r)/	Transport planners are looking at the problems.
pollution o _m <i>n</i> /pə'luː∫n/	Buses are quieter and create less pollution these days.
predict Om v /prɪ'dɪkt/	They predict that the Tokyo to Osaka line will cost 51 billion dollars.
reality Om n /ri'æləti/	Their dreams are now a reality.
registration form $n / red3i'strei \int f f m/ $	Could you fill in the registration form, please?
regular Om adj /'regjələ(r)/	There's a regular bus service between the two towns.
relaxed Om adj /rɪ'lækst/	The atmosphere in my company is relaxed.
relaxing Om adj /rɪ'læksɪŋ/	It was very relaxing to lie next to the swimming pool and have a drink.
reliable adj /rɪ'laɪəbl/	The trains are very reliable – they usually leave on time.
remote Om adj /rɪ'məʊt/	Yakutsk is remote – it's six time zones from Moscow.
replace Om v /rɪ'pleɪs/	Maglev technology probably won't replace other forms of transport in the near future.
self-catering Om adj / self 'keitəriŋ/	I prefer self-catering holidays.
souvenir $n / suv = ni = (r)/$	I always buy souvenirs when I'm on holiday.
surprised Om adj /sə'praizd/	I was surprised when she told us she was engaged to be married.
surprising O madj /sə'praiziŋ/	It wasn't surprising that we lost the match.
thermometer $n/\theta \vartheta'm Dmit \vartheta(r)/$	Kids here can only miss school if the thermometer reaches –35!
tiring Om adj /'taɪərɪŋ/	This train journey is tiring.
track Om n /træk/	Powerful magnets lift the train off the tracks and push them forward.
traffic jam O_{m} <i>n</i> /'træf1k d3æm/	There are often bad traffic jams on the motorways.
worried Om adj /'wArid/	I'm really worried about the exam tomorrow.
worrying O m adj /'wʌriɪŋ/	The increase in prices is very worrying.

achieve Om v /ə't∫iːv/	In the last few years, Finland and Shanghai have achieved the highest grades in the tests.
after-school O _m adj /'ɑːftə skuːl/	What after-school activities do you do?
art O _m <i>n</i> /aɪt/	Did you do art at school?
atmosphere Om $n / \operatorname{atmasf1a}(r) /$	The atmosphere is relaxed.
blossom n /'blosəm/	I really like the word 'blossom', because I think it sounds as gentle as the thing it represents.
communication skills oᡵ n, pl /kəˌmjuːnɪ'keɪ∫n skɪlz/	I have very good communication skills.
connection $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /kə'nek $\int n/$	It's a really bad connection. Could you repeat that, please?
course Om n /kois/	Is she going to do a course in psychology at university?
creatively adv /kri'ettivli/	Will computers ever be able to think creatively, like humans?
decision Om n /dɪ'sɪʒn/	Are you good at making decisions?
degree • n /dɪ'ɡriː/	She's got a degree in history from York University.
diploma <i>n</i> /dɪ'pləʊmə/	I have a diploma in food safety.
economics Om n / i:kə'nomīks/	We studied economics for two years. It's a hard subject.
education $\mathbf{O}_{\mathbf{m}}$ $n / ed_{3}u'ke_{1}n/$	I think private schools offer the best education.
emotion o _m <i>n</i> /ı'məʊ∫n/	Scientists might even be able to learn more about where our thoughts and emotions come from.
entrance exam O_{m} <i>n</i> /'entrans Ig ₁ zæm/	In Shanghai, the university entrance exam is called the goo koo.
explain Om v /Ik'splein/	I don't think he's very good at explaining things clearly.
fields Om n, pl /fiːldz/	Please complete all required fields below.
fully-qualified O _ adj /'foli ,kwplifaid/	We're offering proper training with fully-qualified instructors.
grade om /greid/	My grades in literature and languages weren't great.
history Om n /'hıstri/	My favourite subject was history.
imagination O _m $n / I_1 mad_3 I' ne_1 \int n/$	She uses her imagination to come up with some great ideas.
ironing O m n /'aɪənɪŋ/	Who usually does the ironing?
IT <i>n</i> / ₁ aɪ 'tiː/	I'm pleased I did IT at school. I love working with computers.
languages Om n, pl /'læŋgwɪdʒɪz/	I was really good at languages at school. I speak three languages now.
learning skills n, pl /'lɜːnɪŋ skɪlz/	His learning skills are very good. I think he's the best in the class.
literature Om n /'lrtrət \int ə(r)/	Did you study literature at school?
map reading $\mathbf{O}_{\mathbf{m}} n / m \alpha p , rid n / m \alpha p$	I'll drive, but are you any good at map reading?
Master's degree n /'mastəz dı,gri:/	He's got a Master's degree in economics.
maths $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /mæ θ s/	When I was at school I didn't enjoy maths at all.
mistake Om n /mɪ'steɪk/	Have you ever made a big mistake?
myth <i>n</i> /mɪθ/	This is one of the most common myths about the brain.
next of kin <i>n</i> /_nekst əv 'kın/	Who's your next of kin?
organ Om n /ˈɔːɡən/	The brain is an amazing organ.
organize Om v /'ɔːɡənaɪz/	She loves organizing events.
PE <i>n</i> / ₁ pi: 'i:/	I really enjoyed PE at school, especially tennis lessons.
photocopy Om n /'fəutəukopi/	I'll just make a photocopy of the certificate for you.

practical skills Om <i>n, pl /</i> 'prækt1kl sk1lz/	 Her practical skills are excellent, so I think she is the right person for the job.
private school Om n /'praivət skuil/	 Did you go to a private school?
probably Om adv /'probəbli/	 I probably won't go out tonight.
promotion O_m <i>n</i> /prə'məʊ∫n/	 Please send me details of offers and promotions.
psychology n/saɪ'kɒlədʒi/	 My brother's doing an MSc in psychology.
qualification O _₩ n /,kwplɪfɪ'keɪ∫n/	 What qualifications do you have?
remember O _m <i>v</i> /rɪ'membə(r)/	 Are you good at remembering people's names?
science Om n /'sarəns/	 I think science was the least useful subject for me at school.
search engine o _m n /'sɜːt∫ ˌendʒɪn/	 Did you use a search engine to find out about us?
signal Om n/'sɪɡnəl/	 I keep losing the signal so we might get cut off.
solve Om v /splv/	 He's great at solving computer problems.
spelling O _m <i>n</i> /'spelɪŋ/	 He's not very good at spelling.
state school O _m n /'stert sku:l/	 I think state schools are just as good as private schools.
strict O madj/str1kt/	 Was your school strict?
study Om n /'stʌdi/	 An international study called PISA tests 500,000 students from over 60 countries in maths, science and reading.
success Om n /sək'ses/	 Do you think a university degree is necessary for success in life?
system Om n/'sistəm/	 What is it about their education system that produces these great results?
take care of O _m <i>phr</i> /teik keər əv/	 She really enjoys taking care of people.
tell jokes Om phr /tel 'dʒəʊks/	 Are you good at telling jokes?
terrible om adj /'terəbl/	 I'm terrible at remembering people's names.
train Om v /trein/	 I trained as a chef.
understand O m v /,Andə'stænd/	 She's very good at understanding how things work.

active Om adj /'æktıv/	She has a very active lifestyle.
already Om adv /ɔːlˈredi/	I do quite a bit of exercise already, so I'm pretty fit.
argument $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'a:gjumənt/	Sometimes, people shake hands when they make friends again after an argument.
assignment <i>n</i> /ə'saınmənt/	Please can I have some more time to do my assignment?
believe in Om v /bɪ'liːv ɪn/	I don't believe in the health benefits of taking exercise.
belong to Om v /bɪ'lɒŋ tə/	You must always look after things that belong to other people.
bump v /bʌmp/	They bump fists as a greeting.
cancer Om n /'kænsə(r)/	Diseases, such as cancer, exist today because of our modern diet and lifestyle.
ceremony Om n /'serəməni/	The graduation ceremony starts at 9 a.m.
cheek $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /t ji:k/	They kiss two or three times, starting with the right cheek.
chest $O_m n / t \int est /$	They put both their hands together at chest level.
chin O _m <i>n</i> /t∫ɪn/	He always touches his chin if he is worried about something.
clap O m v /klæp/	They clap their hands three times before saying hello.
congratulate O _m v /kən'græt∫uleɪt/	We use a handshake when we congratulate people.
consist of Om v /kən'sıst əv/	My diet consists of only the healthiest food.
cycling Om v /'saɪklıŋ/	Cycling is a good form of exercise.
depend (on) $\mathbf{O}_{\mathbf{m}} v /d\mathbf{I}' \text{pend (on)}/$	Your success in life does not depend on other people, but on you alone.
depressed Om adj /dɪ'prest/	Lack of sunshine can make you depressed.
diabetes n /,daiə'bitti:z/	Diabetes is one of today's common diseases.
diet Om <i>n</i> /'daɪət/	Her diet isn't very good.
disease Om n /dɪ'ziːz/	Many of today's diseases exist because of our modern lifestyle.
dream of O m v /drim əv/	Do you ever dream of visiting New York?
easy Om adj /'iːzi/	Some people find it easy to keep fit.
elbow Om n /'elbəu/	He sits with his elbows on the table.
experiment O _m <i>n</i> /Ik'sperImənt/	Tell us how the experiment was carried out.
fist <i>n</i> /f1st/	In some countries, you bump fists when you greet someone.
fitness n /'fɪtnəs/	I'm trying to improve my fitness by cycling to work.
forehead n /'foihed/	They press their foreheads together while closing their eyes.
gentle Om adj /'dʒentl/	Do plenty of gentle exercise, like walking.
germs n, pl /dʒɜːmz/	People worry they might catch germs if they shake somebody's hand.
graduation n /,grædʒu'eıjn/	Will you be at my graduation ceremony?
greet v /gri:t/	What do you do when you greet a friend?
greeting <i>n</i> /'gri:tiŋ/	How much do you know about international greetings?
handshake <i>n</i> /'hændʃeɪk/	He welcomed me with a smile and a handshake.
happen Om v /'hæpən/	If something good happens to me, it's because I deserve it.
health O <i>n</i> /helθ/	It's important to look after your health and keep fit.
hug v /hʌg/	They hug each other when they greet good friends.
impression $\mathbf{O}_{\mathbf{m}} n / \mathrm{Im'pre} \int n / $	If you get it wrong, you might give a bad impression.

informal o_ <i>adj</i> /ɪnˈfəːml/	You usually do this greeting in an informal situation.
junk food n/'dʒʌŋk fuːd/	Definitely don't eat any junk food, like crisps.
kiss O m v /kɪs/	They kiss three times.
lip o_₩ <i>n</i> /lɪp/	She's got very thin lips.
medical O _ adj /'medɪkl/	Here's a copy of my medical certificate.
mental health $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'ment1 hel θ /	I think that regular physical exercise can help to improve your mental health.
natural o… adj /'næt∫rəl/	Eat only natural food like meat, vegetables and fruit.
nod $v /n p d/$	They nod their heads.
painkiller $n / peinkila(r) /$	We'll give him some strong painkillers before he goes for the X-ray.
peace Om n /pirs/	A common theory is that it started as a sign of peace.
philosophy Om n /fə'lɒsəfi/	That's part of our philosophy.
press Om v /pres/	They press their noses together.
reserve Om v /rɪ'zɜːv/	You'll definitely need to reserve a place before you come.
respect Om v /rɪ'spekt/	I trust and respect you.
ridiculous Om <i>adj</i> /rɪ'dɪkjələs/	————————————————————————————————————
rude Om adj /ruːd/	In China or Turkey, for example, if your handshake is too tight and strong, you will seem rude.
shake hands O , $phr / \int e_1 k h e_1 dz /$	They shake hands for a very long time.
shoulder Om n /'∫əʊldə(r)/	He touched me on the shoulder to get my attention.
sleeve Om n/sliv/	This proved that there were no weapons hiding in their sleeve.
smile Om v /smail/	I always smile at someone when I first meet them.
stick Om v /st1k/	They stick their tongues out at each other.
succeed in Om v /sək'sird In/	You can succeed in doing anything if you try hard enough.
thumb o m n /θ _A m/	Press the button with your thumb.
tongue O _m <i>n</i> /tʌŋ/	In some countries, they stick out their tongues as a greeting.
touch O _m $v /t_{\Lambda}t \int/$	They greet without touching the body.
trend Om n /trend/	The Paleo movement is a recent trend in health and fitness.
virus O m <i>n</i> /'vairəs/	Instead they died from things like viruses or old age.
weapon O _m <i>n</i> /'wepən/	They would put their right hand forward towards another man and opened it to show they were not holding a knife or other weapon.
weight-lifting O _m <i>n</i> /'weitliftiŋ/	Only do intense activity like weight-lifting occasionally.
work for $O_{m} v / wark far(r), far(r)/$	Jack works for an oil company.

alcoholic drink $\mathbf{O}_{\mathbf{m}}$ $n /_{\mathbf{i}} \mathbf{\hat{k}} \mathbf{k} \mathbf{\hat{s}'h} \mathbf{\hat{b}} \mathbf{l} \mathbf{k} \mathbf{d} \mathbf{r} \mathbf{i} \mathbf{\hat{k}} \mathbf{k} \mathbf{k}$	Some dark green vegetables can taste bitter.
apple juice O _m <i>n</i> /'æpl dʒuɪs/	I drink apple juice for breakfast.
bake Om v /beik/	They're baked in the oven.
best before O_m <i>n</i> /'best b1,f3:(r)/	A 'best before' label tells you about quality, not safety.
bitter Om adj /'bitə(r)/	I don't like it. It's got a very bitter taste.
boiled Om adj /boild/	I don't like boiled vegetables.
bottle $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'bɒtl/	Let's get a bottle of sparkling water as well.
box O _m <i>n</i> /bpks/	We bought them a box of chocolates.
can O _m <i>n</i> /kæn/	Can I have a can of lemonade, please?
cardboard Om n /'ka:dbo:d/	This container is made from cardboard.
carton n /'ka:tn/	There's a carton of apple juice in the fridge.
charge Om v /t∫aːdʒ/	Supermarkets should charge customers for shopping bags.
chocolate O _m n /'t∫pklət/	He gave me some chocolates for my birthday.
consumer Om n /kən'sjuːmə(r)/	It's not the consumers who are responsible for waste.
curry n /'kʌri/	Most curry dishes are hot and spicy.
dessert n /dɪ'zɜːt/	Would you like some cake for dessert?
different Om adj /'dɪfrənt/	There are many different sorts of spring roll.
dish $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /dI \mathbf{J} /	I usually serve this dish with vegetables.
doggy bag n /'dogi bæg/	Ask the waiter for a 'doggy bag' to take home food you can't eat.
figure Om $n / f_{I}g_{\theta}(r) /$	Please write the number in words and figures. / It's a figure of a man.
flavour Om n /'fleɪvə(r)/	You dip them into this sauce to give them extra flavour.
frozen Om adj /'frəuzn/	I need a packet of frozen peas for the meal tonight.
fry O m <i>v</i> /frai/	Sometimes the spring rolls are fried.
funny Om adj /'fʌni/	Do you know any funny jokes? / A funny thing happened to me on the way to work.
herb n /hstb/	There are lots of herbs in this stew.
honey <i>n</i> /'hʌni/	The tagine has some honey in it so it tastes quite sweet.
jar $n/d3a_1(r)/$	Could you buy a jar of olives when you're at the supermarket, please?
kind of Om phr /'kaind (əv)/	It's a kind of stew.
lamb <i>n</i> /læm/	This tagine is made with pieces of lamb.
leave Om v /litv/	I've left some cake for you.
left Om adj /left/	We took a left turn instead of right.
mark $\mathbf{O}_{\mathbf{m}} n \ /\mathrm{mark}/$	There's a mark on my trousers. / What mark did you get in the test?
olives <i>n, pl /</i> 'plivz/	Would you like some olives to have with your drink?
packet Om n /'pækıt/	I think there's a packet of frozen peas in the freezer.
plain O m adj /plein/	I prefer plain food. Nothing spicy.
preserve Om v /prɪ'zɜːv/	His invention preserved food beautifully.
pretty adj /'prɪti/	She's a very pretty woman.
pretty Om adv /'priti/	It's pretty expensive.

raspberry n /'ra:zbəri/	Would you like some raspberries for dessert?
raw Om adj /rɔː/	They're filled with raw vegetables.
sauce Om n /sois/	You dip the spring rolls into this sauce to give them extra flavour.
savoury adj /ˈseɪvəri/	Do you prefer sweet or savoury food?
serve Om v /s3IV/	This dish is often served with rice.
several Om pron /'sevrəl/	There are several different vegetables you can eat with this dish.
shocking om adj /'ʃɒkɪŋ/	It's a pretty shocking figure. So what are the facts behind it?
snack <i>n</i> /snæk/	I have a small snack at 11 a.m.
sour Om adj /'saʊə(r)/	The sauce has lime juice in it to make it sour.
sparkling water <i>n</i> /'spa:kliŋ ,wo:tə(r)/	Please can I have some sparkling water?
spice Om n /spais/	This dish is made with lots of different spices.
spicy Om adj /'spaisi/	There is some chilli in the sauce to make it spicy.
spinach <i>n</i> /'spinitʃ/	Spinach has a bitter taste.
stew n /stjuː/	I'm making a lamb stew tonight. Would you like some?
strawberry n /'stro:bəri/	You put strawberry jam on them.
tagine n /tə'ʒiːn/	Tagine is a kind of stew.
taste Om n /teist/	This has a nice, bitter taste.
taste buds Om n, pl /'teist bAdz/	People taste food differently; it depends on the number of taste buds on your tongue.
texture $n / tekst \mathfrak{f}\mathfrak{d}(\mathbf{r}) /$	I love all the different textures in this dish.
thick Om adj /θık/	This is quite a thick sauce, but it tastes lovely.
tin O _m <i>n</i> /tɪn/	I'm going to use a tin of tomatoes.
tobacco n /tə'bækəu/	Tobacco has a strong taste.
tomato Om n /tə'maːtəʊ/	We need some tomatoes for the salad.
toothpaste n /'tu:0peist/	I need to buy a tube of toothpaste.
transportation $\mathbf{O}_{\mathbf{m}}$ $n / trænspotter \int n / $	The waste happens on farms during production, or transportation.
tube $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /tju:b/	Did you pack a tube of toothpaste?
use by $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'ju:z bai/	Make sure you check the 'use by' date on the label.
wasteful adj /'weistfl/	In the past, people were not as wasteful as they are today.

abroad Om adv /əˈbrɔːd/	Many people are looking for jobs abroad.
article Om n /'aːtɪkl/	It was also the first time that newspapers contained pictures as well as articles.
attachment Om n /ə'tæt∫mənt/	No email communication is 100% secure. You should only open attachments if you trust the sender.
benefit Om v /'benɪfɪt/	Everybody would benefit from a bit of extra intelligence.
bunch $\mathbf{O}_{\mathbf{m}}$ n /bAnt \int /	She gave me a bunch of flowers.
carry on O _m phr v / kæri 'on/	History and human problems change, but time and nature carry on.
continent O m n /'kontinənt/	News reached different continents within minutes.
coral reef n /'kprəl ri:f/	We need to keep tourists away from the damaged coral reefs.
crash O _m $n / kræ f /$	People who saw the crash posted comments and photos on Twitter.
cure ດ_m <i>n</i> /kjບə(r)/	Is there a possible cure for AIDS?
election O _m $n / I' lek \int n / $	I want to watch the news report about the European elections.
erupt v /I'rʌpt/	When a volcano erupted on the Pacific island of Krakatoa in 1883 it killed 36,000 people.
expensive Om adj /Ik'spensIv/	Ordinary people didn't use to buy newspapers because they were expensive.
extreme O adj /1k'stri:m/	There has been an increase in extreme weather conditions.
financial o m adj /faɪ'næn∫l, fə-/	What do you think about the financial crisis?
find out $\mathbf{O}_{\mathbf{m}}$ phr v /faind 'aut/	You need to find out the answer yourself.
flock n /flok/	A plane landed in the Hudson River after a flock of birds flew into its engine.
flood Om n /flʌd/	The road is closed because of a flood.
forest fire O_{m} n /'forist _faiə(r)/	There is a large forest fire near Sydney, Australia.
give up Om phr v /gɪv 'ʌp/	I want to give up smoking.
global Om adj /'gləʊbl/	The global economy has become unstable.
global warming O _ n /,gləʊbl 'wɔːmɪŋ/	Is global warming really happening?
grow up Om phr v /grəບ 'ʌp/	He wants children to grow up to have a positive relationship with nature.
home-made adj /'haum meid/	This is lovely home-made jam.
hunger n /'hʌŋgə(r)/	They do a lot to try and fight world hunger and poverty.
hurricane n /'hʌrɪkən/	Did you hear about the hurricane off the Mexican coast?
intelligent Om adj /In'telIdʒənt/	My idea to change the world is to spend more money on developing drugs that can make us more intelligent.
invention O _m $n / \ln' ven \int n / $	This changed in the 1850s with the invention of powerful printing presses.
issue O ₩ <i>n</i> /'ı∫uː/	I want to talk to you about global issues.
man-made adj /'mæn meɪd/	It's a region that has suffered many man-made problems.
milestone n /'mailstəun/	There have been several media milestones.
natural disaster o _m n /'næt∫rəl dı,zɑ:stə(r)/	It was one of the worst natural disasters in history.
powerful Om adj /'paʊəfl/	The powerful printing presses could print 10,000 papers per hour.
put down Om phr v /pot 'daon/	He carefully put down the statues.

put on Om phr v /put 'on/	 I think she's put on weight.
reach o _₩ v /ritt∫/	 The news of Abraham Lincoln's death took nearly two weeks to reach Europe in 1865.
report Om v /rɪ'pɔɪt/	 Now anybody can report news.
robbery n /'robəri/	 They've arrested two men in connection with the robbery.
sculptor $n / sk_{A}lpt_{\theta}(r) /$	 I've been a sculptor for a long time.
secure O _m adj /sɪ'kjʊə(r)/	 Be careful when you check emails in an internet café as public Wi-Fi is not always secure.
set up Om phr v /set 'Ap/	 They want to set up a business this year.
spread Om v /spred/	 The news spread around the world in seconds.
steal Om v /still/	 Don't leave your work files or laptop in your car because someone might steal them.
strike O m <i>n</i> /straɪk/	 Because of the transport strike, there are no trains running today.
telegraph n /'teligra:f/	 Before the telegraph was invented, it used to take weeks for news to travel around the world.
up to date adj /,Ap tə 'deɪt/	 The news wasn't always up to date.
weekly Om adv /'wiːkli/	 News reels were changed weekly, not daily.
wire O _m $n / waia(r) $	 News could travel around the world in minutes, using undersea electrical telegraph wires.

accountant n /ə'kauntənt/	I'd like to become an accountant.
administration $n / \partial d_1 m m r strei \int n / d_1 m r r strei f n /$	I work in administration.
advertising campaign Om <i>n</i> /'ædvətaızıŋ kæm,peın/	We need some help with our advertising campaign.
arm wrestle $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'arm 'resl/	He asked us if we wanted an arm wrestle.
building site $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'bilding sait/	Nicholas works on a building site.
business Om n /'bɪznəs/	We run the day-to-day business of the court.
candidate O m <i>n</i> /'kændīdət/	She asked the candidate, 'Where do you see yourself in five years' time?'
client O n /'klarənt/	My job is to advise clients about their business.
construction O _m $n /k an' str_A k \int n/$	She works for a construction company.
corporate adj /'kɔːpərət/	——— He was applying for the job at the corporate office of a shoe company.
court Om n /ko:t/	Martha works in a court.
customer Om $n / k_{\Lambda} st = m (r) / (r) /$	I deal with all the customer enquiries.
day-to-day Om adj / deɪ tə 'deɪ/	She is responsible for the day-to-day business.
engineering $\mathbf{O}_{\mathbf{m}}$ $n / end_{31} / n_{13} / n_{13}$	I'm studying engineering at university.
enquiry O _m <i>n</i> /ɪn'kwaɪəri/	We answer phone enquiries and deal with emails.
entertain O _m v /_entə'teɪn/	It is my job to entertain the staff.
health care $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'hel θ keə(r)/	They both work in health care.
in a hurry Om phr /,In ə 'hʌri/	It's easy to make mistakes if you do things in a hurry.
in a mess O _m phr /,IN ə 'mes/	He never tidies his desk. It's always in a mess.
in charge of O _₩ <i>phr</i> /ɪn 't∫ɑːdʒ əv/	The assistant manager's in charge of the hotel while the manager's away.
in detail O phr /In 'dixterl/	There isn't time to explain the plan in detail now.
in the middle \circ_{m} phr /_In ðə 'mɪdl/	I'm in the middle of doing something at the moment.
in trouble $\mathbf{O}_{\mathbf{m}}$ phr /In 'trAbl/	If I'm late again, I'll be in trouble with the boss.
inventor $\mathbf{O}_{\mathbf{m}} n / \ln^{1} \operatorname{vent}_{\mathbf{\partial}}(\mathbf{r}) /$	Who was the inventor of the light bulb?
judge Om <i>n</i> /dʒʌdʒ/	Martha works as a judge.
laboratory Om n /lə'bɒrətri/	He's a scientist and works in a laboratory.
law O _m <i>n</i> /lɔː/	She works for a law firm.
light bulb $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /'laɪt bʌlb/	Thomas Edison is famous for inventing the light bulb.
medical research O m <i>n</i>	I work in medical research at the university.
negative Om adj /'negətɪv/	She's quite a negative person.
neutral adj /'nju:trəl/	He sounds neutral. He doesn't really have an opinion.
nurse $\mathbf{O}_{\mathbf{m}}$ <i>n</i> /n31S/	I work as a nurse.
office Om n /'ofis/	She works in an office.
open-plan Om adj /,əʊpən 'plæn/	I work in an open-plan office.
paperwork <i>n</i> /'peɪpəwɜːk/	I also do a lot of paperwork.
personal assistant (PA) O m phr /,p3:sənl ə'sıstənt, ,pi: 'eı/	She works as a PA.
politics Om n /'pplətiks/	He is planning to retire from politics next year.

positive O_m adj /'ppzətɪv/	 Mike is very positive about the future.
presentation $\mathbf{O}_{\mathbf{m}}$ <i>n</i> / prezn'ter $\int n/$	 I have to give presentations.
productivity n/prodak'tivəti/	 Research has shown that the noise in open-plan offices can reduce productivity by 66%.
profession O _m n /prə'fe∫n/	 What profession do you work in?
real-life o_ <i>adj</i> /'rɪəl laɪf/	 You have to try and solve real-life problems.
recruit v /rɪ'kruːt/	 The way that companies recruit new staff has also changed.
report om n /rɪ'pɔːt/	 I have to write reports and give presentations.
software developer Om n /'spftweə dr.veləpə(r)/	 I'm a software developer for a big company.
staff Om n/starf/	 I train kitchen and waiting staff.
study Om v /'stʌdi/	 She's studying politics at university.
tattoo n/tə'tuː/	 His back was covered in tattoos.
zone Om n /zəʊn/	 Desks were organized into work zones of different sizes.